

Too Emotional for Us to Bear

Lamentations 1

Introduction

Tragic, national events

A prolonged study on suffering

What is a “lament”?

The Desolate City (1:1-11)

Prayer in pain

The A to Z of suffering

The Heavy Hand of the Lord (1:12-22)

A holy God

Sin is the real problem

Lessons from the 6th Century

There is nothing wrong with emotions

Lament turns us to God in prayer

To confess love for God, but not obey him, exposes us to his anger